

Choosing a Confirmation Sponsor

What is a Sponsor?

A sponsor is a person who encourages and assists a candidate to embrace and actively practice the Catholic faith before and after Confirmation. The sponsor also presents the candidate to the Bishop (or his delegate) at the celebration of Confirmation.

Who can be a Sponsor?

Being a sponsor is not just an honour. The sponsor must be an active, practising Catholic who can be a role model for the candidate. Ideally, you should choose one of your godparents from Baptism, provided he or she meets the above guidelines. If it is not possible to choose a godparent as your sponsor (e.g. they are deceased, live too far away, or are no longer a practising Catholic), then you might ask someone else whom you see as an example of committed, practising Catholic. This could be a grandparent, aunt, or uncle, other relative, family friend, parent of one of your friends, a teacher.

The requirements of the Catholic Church say that a sponsor.

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| <ul style="list-style-type: none">➤ May be a man or woman
(Sponsors do not have to be the same sex as the candidate.)➤ Is a person who regularly comes to Sunday Mass and celebrates the sacraments | <ul style="list-style-type: none">➤ Must be fully initiated Roman Catholic (Baptized, Confirmed and has made First Communion)➤ Must be at least 16 years old➤ May not be the parent of the candidate. |
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A Prayer to Help Choose a Sponsors

Holy Spirit helper and guide,
give me wisdom as I choose my Confirmation Sponsors

Help me choose a person of prayer
who will teach me also to be a person of prayer
who will support me in difficult times
who will guide me to make good choices
and who will challenge me when I do not

Help me to choose someone who will love me and teach me to love Jesus.

Thank you for giving me a community of people around me to support and guide me as I take this important step in becoming more fully a member of your Church

Amen